Letter from the Co-Presidents

Dear Members,

We met again on Monday, June 15 with District to continue our discussion of economic proposals. We presented some cost information for their consideration. District reps will be meeting with the Board of Education on July 7, and we are scheduled to follow up with District on July 14.

After that meeting we will send a further update and depending on the outcome of that meeting we may schedule a meeting with the membership. As of July 1, we want to remind you that our current contract will stay in effect as required by law. *(The Mandate: The 1982 Triborough Amendment to the Taylor Law prohibits a public employer from altering any provision of an expired labor agreement until a new agreement is reached.)* This means that you will get your step increase for next year, utilizing the 14/15 step/increment salary schedule.

Your Co-Presidents,
Sharon and Deb

**DID YOU KNOW:** Exercise boosts brain power and movement melts away stress? Take time to walk 30 minutes a day at least 3 times a week either after dinner or when you get home from work. Walking will help reduce blood sugar as well as lower your blood pressure. Try to eat natural foods in lieu of processed foods too. Your body will thank you for it in the long run...

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<th>Name</th>
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<td>Sharon Zak</td>
<td>362-3059</td>
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<td>Deb Davenport</td>
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<td>Dawn Mach</td>
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<td>Mona Reuben</td>
<td>362-3077</td>
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<td>Lisa Sommer</td>
<td>362-7193</td>
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<td>EXECUTIVES</td>
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<td>Nancy Boeing</td>
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<td>Angela Himes</td>
<td>SDS 362-2192</td>
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<td>Cheryl LaForte</td>
<td>WBS 362-4191</td>
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<td>BUILDING REPS</td>
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NYSUT NEWS

Go to www.nysut.org/yourunion to tell NYSUT what you want from your union - and share the link with your members so they can do likewise.

NYSUT Member Benefits is proud to offer a quarterly electronic newsletter designed to make NYSUT members better-informed consumers. This publication serves as a valuable educational tool and offers a variety of informational articles about issues of importance to our members. Go to www.memberbenefits.com.nysut.org for more information!

NYSUT is more than 600,000 people who work in, or are retired from, New York's schools, colleges, and healthcare facilities. They are classroom teachers, college and university faculty and professional staff, school bus drivers, custodians, secretaries, cafeteria workers, teacher assistants and aides, nurses and healthcare technicians.

NYSUT is a federation of more than 1,200 local unions, each representing its own members. They are affiliated with the American Federation of Teachers (AFT) and the National Education Association (NEA). They are also part of organized labor – the AFL-CIO – and of Education International, with more than 20 million members worldwide.

They range in size from tiny locals of fewer than 10 members to the United Federation of Teachers, which represents more than 140,000 teachers and other school employees in New York City.

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May & June Birthdays!

Kelly Sykas ~ May 7
Jim Antes ~ May 8
Kim Montondo ~ May 25
Judy Sheridan ~ June 7
Rose Howard ~ June 15
Kathy Keating ~ June 18
Lisa Sommer ~ June 26
HEARD AT THE WATER COOLER

Did you hear that Adrienne's sons surprised her by having both of them come home for the first time in 5 years?!?! She had a wonderful weekend with her boys and couldn't be more proud.

Did you hear that the Smallwood Office Staff will be setting up camp at the High School while they undergo renovations? Welcome aboard!!

Just a reminder that if you are a 10-month employee and are interested in summer hours, let your co-presidents as well as your building principals know no later than July 1. There may or may not be work available...

Summer is finally gearing up!!! Come to any of the free Gratzwick Concerts this year in Tonawanda on July 10th (USJ), 17th (SOJA), 31st (Lou Gramm), and August 7th (Warren Haynes w/Railroad Earth). Dawn will be working VIP tent so stop by and say hello!!!

Congratulations to Deb Davern as she is going to be a grandmother for the 4th time this summer! Her son and daughter in law are expecting the little one soon!

QUOTES

I learned many great lessons from my father, not the least of which was that you can fail at what you don't want, so you might as well take a chance at doing what you love. Jim Carrey
Member Recipe Corner

This month’s recipe comes from Dawn. If you have a favorite recipe that you would like to share please email it or interoffice it to the attention of Dawn at the High School. We will choose one for each upcoming newsletter.

I just discovered this recipe and it is quick, easy, and delicious...

Nutella Cream Cheese Dip

1 Cup Heavy Whipping Cream
1 ~ 8 ounce block of Cream Cheese
3 Tablespoons Powdered Sugar
3/4 Cup of Nutella

Whip the Heavy Whipping Cream in a small bowl until stiff peaks form. In a medium sized bowl whip the softened Cream Cheese with 3 tablespoons of Powdered Sugar. When well blended, add the Nutella to the Powdered Sugar Mixture. Gently fold half the Heavy Whipped Cream into the Nutella mixture until well blended, then fold in the additional Whipped Cream until well blended again. Refrigerate for an hour or more.

Serve with whatever fresh fruit you would like. Strawberries work really well and/or you can also use graham crackers, pound cake, or brownie chunks.

Enjoy!!!
The following day is designated by the District as a Paid Holiday:
May 25 ~ Memorial Day
June 3 ~ Independence Day Holiday

June Word Search

BARBECUE
BASEBALL
BIRDS
BUGS
CAMPING
FATHER'S DAY
FISHING
FUN
GRADUATION
HIKING
HONEYSUCKLE
JUNO
PEAR
ROSE
SOCCER
SOLITICE
SUMMER
SWIMMING

VACATION
WEDDINGS